

# PLASSEY COLLEGE



AFFILIATED TO THE UNIVERSITY OF KALYANI

**One-Day State Level Webinar**

TO OBSERVE

## WORLD YOGA DAY

ORGANISED BY

### DEPARTMENT OF PHYSICAL EDUCATION

### IN COLLABORATION WITH IQAC,

### PLASSEY COLLEGE,

### MIRA BAZAR, PLASSEY, NADIA, WEST BENGAL



21<sup>ST</sup> JUNE 2021



2 PM – 4 PM



<https://meet.google.com/fdz-osyj-bda>

REGISTRATION

<https://forms.gle/aDtzi9Kk73Wsk36D9>



**PATRON**  
DR BASANT KUMAR PRADHAN  
PRINCIPAL, PLASSEY COLLEGE



**CONVENOR, WEBINAR**  
SHRI MD NASIRUDDIN PANDIT  
HOD, DEPT. OF PHYSICAL  
EDUCATION, PLASSEY COLLEGE



**CO-CONVENOR, WEBINAR**  
SHRI MD SHAMIM AKHTER  
SACT, DEPARTMENT OF  
PHYSICAL EDUCATION,  
PLASSEY COLLEGE



**IQAC COORDINATOR**  
DR ABU SIDDIK  
ASSISTANT PROFESSOR,  
DEPARTMENT OF ENGLISH,  
PLASSEY COLLEGE



**SECRETARY, WEBINAR  
ORGANIZING COMMITTEE**  
DR ANIRBAN CHATTERJEE  
HOD, DEPT. OF POLITICAL  
SCIENCE, PLASSEY COLLEGE

## OUR EMINENT SPEAKERS



**Dr. Sridip Chatterjee**  
Assistant Professor,  
Department of Physical  
Education,  
Jadavpur University &  
Joint Coordinator,  
Yoga Center,  
Department of Physical  
Education,  
Jadavpur University

**Dr. Lakshmi Narayan  
Kaibarta**  
Assistant Professor in  
Physical Education,  
S.I.P.E.W,  
Hastings House,  
Alipore,  
Kolkata



## PROGRAMME SCHEDULE

2.00 PM - 2.05 PM:	Introductory speech by MD Nasiruddin Pandit, Webinar Convenor & HOD, Dept. of Physical Education, Plassey College
2.05 PM - 2.10 PM:	Welcome Address by the Patron, Dr Basant Kumar Pradhan, Principal, Plassey College
2.10 PM - 2.50 PM:	The Presentation of First Resource Person, Dr Sridip Chatterjee; Title of presentation: "Role of Yoga as a Mind-Body Medicine for the Management of COVID-19 Pandemic".
2.50 PM - 3.30 PM:	The Presentation of Second Resource Person, Dr. Lakshmi Narayan Kaibarta; Title of Presentation: "Relevance of Yogic Practices in Contemporary time".
3.30 PM - 3.40 PM:	Q & A Session to be Moderated by MD Shamim Akhter, Co-Convenor, Webinar & SACT, Dept. of Physical Education, Plassey College
3.40 PM- 3.45 PM:	Vote of Thanks by Dr Abu Siddik, IQAC Coordinator & Assistant Professor, Department of English, Plassey College

- ❖ **Registration Fees: Nil**
- ❖ **Registration Link:** <https://forms.gle/aDtzi9Kk73Wsk36D9>
- ❖ **Registration will be closed by 11:59 PM on 20th June, 2021.**
- ❖ **Webinar Platform: Google Meet. Link:** <https://meet.google.com/fdz-osyj-bda>
- ❖ **E-Certificates will be provided to all registered participants only after filling up the Feedback Form properly at the end of the Webinar.**

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